June 19, 2023

Gran Tierra Energy Inc.

(the "Company")

Notification of Transactions in the Company's Shares by Directors and Persons Discharging Managerial Responsibility

The Company announces the following transactions in the Company's common shares undertaken by directors / persons discharging managerial responsibility ("PDMRs").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry

President and Chief Executive Officer

Ryan Ellson

Executive Vice President and Chief Financial Officer

Rodger Trimble

Vice President, Investor Relations

(403) 265-3221

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1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Gary Guidry, President and Chief Executive Officer Ryan Ellson, Executive Vice President and Chief Financial Officer Jim Evans, Vice President, Corporate Services Rodger Trimble, Vice President, Investor Relations Phillip Abraham, Vice President, Legal and Business Development Rob Will, Vice President, Asset Management	
2	Reason for the not	Reason for the notification	
a)	Position/status	See 1 a) above	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issue monitor	er, emission allowance market participant, auction platform, auctioneer or auction	
a)	Name	Gran Tierra Energy Inc.	
b)	LEI	549300IH2S17MAIUCM32	
4		of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of etion; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Common Shares	
	Identification code	ISIN: US38500T1016	
b)	Nature of the transaction	Acquisition of Common Shares through the Company's Employee Share Savings Plan	
c)	Price(s) and volume(s)	PDMR Price(s) Volume (s) Gary Guidry USD 5.44 694 Ryan Ellson USD 5.44 492 Jim Evans USD 5.44 217 Rodger Trimble USD 5.44 347 Phillip Abraham USD 5.44 347 Rob Will USD 5.44 347	
d)	Aggregated information - Aggregated volume - Price	Price(s) Volume USD 5.44 2,444	
e)	Date of the transaction	June 19, 2023	
f)	Place of the transaction	Toronto Stock Exchange (TSX)	